

Timaru Medical Centre Update

Patient Portal

We are moving to the 21st century! We are now using Manage My Health, a Patient Portal. This means that you can;

- Book appointments online
- Order repeat prescriptions
- Coming soon—receive your test results.

You need to have an email address to be registered. Please note if you have multiple members of your family that you want to register on Manage My Health, they all need to have separate email addresses.

To sign up for access, please talk to reception, they will send you an email so that you can complete confirmation so

that you will have access. There is a Mobile app available too, so you can have your health information at your fingertips.



Community Services Cards (CSC)

From 1 December the Government is introducing new subsidies for patients that have a community services card. We are unsure what the subsidies will be, however initial information indicated a \$30 reduction in the visit fee. This would mean the standard fee for a visit could become \$16 for a CSC holder.

The practice has forms available to complete if you are eligible for a card and do not have one.

You can access the eligibility criteria online at www.workandincome.govt.nz

From 1 December, free health care will also change to include under 14 years of age, it is currently under 13 years.

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Our Services

- Medical Consultations
- Referrals to Secondary Care & Specialists.
- Vaccinations
- Minor Surgery
- Cervical Screening
- Insurance Medicals
- Pre-employment Checks
- Drivers Medicals
- Lifestyle advice
- Sexual Health
- Medication reviews
- Travel consults & vaccinations

Prescriptions

TMC is now a very large practice. We have always had a policy of prescriptions requiring 24 hours notice. We understand that some patients are upset that we now have to enforce the 24 hour turn around policy, however due to the workload generated by 10 thousand plus patients & the fact that not all GPs work fulltime, scripts are not always able to be signed quickly, therefore because we do not

like disappointing people when they arrive at the counter a couple of hours after ordering a script we have the 24 hour rule in place. The cost of a script is still \$15 (whether or not it is faxed to a pharmacy), however if you expect a same day script, the charge will be \$25. Same day scripts are an exception rather than a rule and will only be honoured in exceptional circumstances. So please be organised when your scripts are running out.

Welcome to Dr Jason Kingan

When the new Timaru Medical Centre was dreamed about, the focus was about developing and building on the Primary Care workforce. Part of this has been employing a new grad nurse and having registered medical officers (RMOs) from the hospital doing their GP rotation with us. We have

been lucky to have some great RMOs work with us and we are even luckier that we have been able to employ one to complete his GP Training with us over the next few years. Dr Jason Kingan will join us at the end of November. We welcome him to our team.

BRIEF

- Dr Keith Teo is with us doing his GP rotation until the end of November.
- Paul Annear—Injury Management is now working from the practice Mon, Tues, Thurs, Fri.
- Leigh Lawless from Discover Therapy is offering relaxed kids workshops. You can find the details on her facebook page 'Discover Child Therapy'.
- Please take care in the car park. Keep your speed low and stick to your side of the driveway. Thank you

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